

Laura C. McKinzie, M.S.

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EDUCATION

Loyola University Maryland 08/2023 – (expected) 05/2028
Doctor of Psychology (Psy.D.) in Clinical Psychology Baltimore, MD

Loyola University Maryland 08/2023 – 01/2025
M.S. Clinical Psychology Baltimore, MD

Wake Forest University 08/2019 – 05/2023
Bachelor of Arts, Psychology Winston-Salem, NC
Minor in Mental Health Counseling
Honors: Summa Cum Laude (GPA: 3.9); Dean's List (all semesters)

LICENSE

Maryland Board of Examiners of Psychologists
Registered Psychology Associate August 2025
License Number: A01149

CLINICAL EXPERIENCE

Laurel & Oak Psychological Services, LLC. 08/2025 – Present
Psychology Associate Baltimore, MD

- Provide weekly individual psychotherapy to adult clients presenting with a range of psychological disorders and life transitions
- Develop and implement integrative, individualized treatment plans in collaboration with clients to support the achievement of therapeutic goals
- Participate in weekly supervision to discuss clinical cases, refine diagnostic and conceptualization skills, and strengthen intervention techniques

Supervisor: Rebecca Gras, Psy.D.

Loyola Clinical Centers 09/2024 – 08/2025
Second Year Doctor Extern, Psychotherapy Track Baltimore, MD

- Provide individual psychotherapy (both virtually and in-person) in an interdisciplinary community-based training clinic to adolescent and adult clients with a range of identifying factors and a variety of concerns
 - Including mood and anxiety disorders, OCD, complex trauma, suicidal ideation, relationship issues, grief, executive functioning, depression, and interpersonal, identity, and adjustment related issues
- Conduct comprehensive initial psychotherapy intakes
- Collaborate with clients to develop personalized treatment plans, set achievable goals, and monitor progress, cultivating a strong therapeutic relationship built on empathy, trust, and cultural humility
- Engage in weekly individual and group supervision to receive feedback, enhance clinical decision-making, refine case conceptualization, and foster professional growth
- Proficiently utilize the AthenaOne electronic health record platform for patient case management

Supervisors: Stephanie Kors, Psy.D., Amanda M. Thomas, PhD

Loyola Clinical Centers 09/2024 – 08/2025
Student Clinician, Group Co-Facilitator Baltimore, MD

- Co-lead an interpersonal process therapy group (IPT) with culturally and clinically diverse adults ages 20-60 experiencing a wide range of mental health concerns
 - Including mood and anxiety disorders, OCD, trauma, LGBTQ+-related issues, social phobia, and interpersonal, identity, and adjustment related issues
- Participate in weekly supervision meetings for consultation with a licensed supervisor

Supervisor: Cara Jacobson, Psy.D.

Loyola Clinical Centers

09/2024 – 08/2025

Second Year Doctor Extern, Psychoeducational Assessment Track

Baltimore, MD

- Conduct comprehensive psychoeducational assessments involving administration, scoring, and interpretation of various psychoeducational and personality measures (see “Assessment Experience”)
- Author comprehensive assessment reports and provide oral and written feedback to clients, including walkthrough of assessment results and treatment recommendations
- Participate in weekly group supervision for consultation and didactics with peers and licensed supervisor

Supervisor: Brittany Nesbitt, Psy.D.

Glenwood Life Counseling Center

01/2024 – 05/2024

Student Volunteer

Baltimore, MD

- Led weekly psychoeducational workshops for individuals in methadone-assisted treatment, focusing on recovery, resilience, and relapse prevention
- Integrated evidence-based modalities, including CBT and Motivational Interviewing, to empower patients and promote sustained recovery outcomes

Supervisors: Jon Gorman, Psy.D. & Lillian Donnard, LCSW-C

Loyola Clinical Centers

09/2023 – 08/2024

First Year Doctoral Extern

Baltimore, MD

- Conducted 90-minute intake interviews with adults, adolescents, children, and in an interdisciplinary community-based training clinic to determine appropriateness for psychoeducational and interdisciplinary (psychology/speech-language pathology/audiology) assessment services
- Authored comprehensive intake reports
- Observed psychoeducational intakes and assessments for children and adults
- Engaged in weekly group supervision to discuss assessment cases and develop intake skills

Supervisors: Doug Frew, Psy.D., Amanda Thomas, Psy.D., Christopher Higginson, Ph.D., & Jon Gorman, Psy.D.

The Center for Exceptional Children

09/2019 – 05/2023

Volunteer Teaching Assistant

Winston-Salem, NC

- Assisted teachers in providing developmentally appropriate education and therapeutic interventions to preschool-aged children with developmental and learning disabilities
- Assisted in conducting play therapy and led individual and group activities designed to aid in developing motor skills and social skills

Daystar Counseling

05/2022 – 09/2022

Intern

Nashville, TN

- Shadowed licensed counselors working with children and adolescents experiencing anxiety disorders, emotional dysregulation, and divorce adjustment at a nonprofit counseling group
- Collaborated on new client assessments by giving tours of the counseling center to first-time clients and engaging them in art or play therapy
- Ensured counselors had the needed resources available for efficient and high-quality patient care by performing administrative tasks

- Assisted with donor relations, event planning, fundraising, marketing & PR, administration, and operational strategies

The Next Door Recovery

05/2021 – 09/2021

Therapy/Development Intern

Nashville, TN

- Provided mental health services surrounding substance addiction and co-occurring disorders to women re-entering society from incarceration, rehabilitation, or houselessness
- Facilitated group therapy and psychoeducational sessions
- Collaborated with treatment team to diagnose, create evidence-based treatment plans, and monitor treatment progress
- Analyzed 6 months of client progress and outcomes data
- Organized results of analysis and presented a PowerPoint to the clinical leadership team
- Designed a professional pamphlet detailing findings of outcomes analysis to inform and engage donors

ASSESSMENT EXPERIENCE

Experience administering the following psychological assessments and authoring reports synthesizing the results:

Intellectual & Academic Achievement • Wechsler Adult Intelligence Scale (WAIS-IV) • Wechsler Intelligence Scale for Children (WISC-V) • Wechsler Individual Achievement Test (WIAT-IV) Attention and Executive Functioning • Delis-Kaplan Executive Function System (D-KEFS) • Behavior Rating Inventory of Executive Function, Second Edition (BRIEF-2, Self, Parent, and Teacher-Report) • A Developmental Neuropsychological Assessment, Second Edition (NEPSY-II) • Connors' Continuous Performance Test (CPT-3) • Behavior Rating Inventory of Executive Function Adult Version (BRIEF-A, Self and Informant Report) Language & Communication • Comprehensive Test of Phonological Processes - 2nd Edition (CTOPP-2) Mood & Anxiety • Beck Depression Inventory (BDI-II) • Beck Anxiety Inventory (BAI)	Behavioral/Emotional Functioning • Conners Comprehensive Behavior Rating Scales (Conners CBRS) • Conners Rating Scale – Fourth Edition (Conners-4: Self, Parent, and Teacher-Report) • Behavioral Assessment Scale for Children, Third Edition (BASC-3, Self, Parent, and Teacher-Report) Personality Assessments • Minnesota Multiphasic Personality Inventory (MMPI-2) • Millon Clinical Multiaxial Inventory (MCMI-IV) • Personality Disorder Checklist Diagnostic Interviews • Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders (DIAMOND) • Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders: Child and Adolescent Version (DIAMOND-KID) Validity • Test of Memory Malingering (TOMM) • Pediatric Performance Validity Test Suite (PdPVT)
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DIGITAL ADMINISTRATION/SCORING/ANALYSIS

Q-interactive

- Pearson's 1:1 iPad-based testing system that helps administer, score, and report 20 different clinical assessments, including WAIS-IV, WIAT-IV, and WISC-V

Q-global

- Secure, web-based platform for administering, scoring, and reporting psychological assessments

MHS Online Assessment Center+ (MAC+)

- A digital tool from Multi-Health Systems (MHS) that allows users to create, administer, and score assessments remotely

RESEARCH EXPERIENCE

R Computing Lab, Psychology Department, Wake Forest University

05/2021 – 05/2023

Research Assistant

Winston-Salem, NC

A student-driven lab consisting of scientists who conduct biometrically informed research in R with a focus on understanding the relationships between socioeconomic status, health & well-being, and individual differences (personality, intelligence)

- Achieved proficiency with R through graduate level training
- Analyzed quantitative data using discordant kinship design
- Demonstrated through research findings that parenting style is related to youth delinquency independent of genetics
- Presented findings at the Society for Personality and Social Psychology (SPSP) 2022 Convention
- Investigated the relationship between ADHD, SES, and academic achievement
- Presented findings at the Behavior Genetics Association (BGA) 2022 Convention

Supervisor: S. Mason Garrison, Ph.D.

CONFERENCES/POSTER PRESENTATIONS

McKinzie, L., Lyu, X., & Garrison, S. M. (2022, June 23). *Leveraging the power of sibling data to untangle the relationship between ADHD, SES, and academic achievement*. Poster presented at Behavior Genetics Association (BGA) 2022 Convention, Los Angeles, CA, US.

McKinzie, L., Lyu, X., & Garrison, S. M. (2022, February 17-19). *Exploring the relationship between parenting styles and rule-breaking with sibling comparisons*. Poster presented at Society for Personality and Social Psychology (SPSP) 2022 Convention, San Francisco, CA, United States.

PUBLICATIONS

Garrison, S. M., Trattner, J., **McKinzie, L.**, & Rodgers, J. L. (revise and resubmit) *Using genetically informed designs to test causal claims without experiments: Discordant-Sibling designs and applications*. osf.io/zpdwt/ *AMPPS*

PROFESSIONAL AFFILIATIONS

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- **American Psychological Association (APA) – Student Member**, November 2024 – Present
 - **Maryland Psychological Association – Student Member**, November 2024 – Present
 - **National Register of Health Service Psychologists – Associate Member**, November 2024 – Present
 - **Association for Advancement of Psychology Member (APA Division 29)**, January 2024 – Present
 - **Psi Chi National Honor Society for Psychology Member**, Wake Forest University, November 2021 – Present